

# COVID-19 SAFETY PLAN

## Premier & City Touch Football

<b>Association</b>	<b>Premier &amp; City Touch Football</b>
<b>Ground Location</b>	<b>Various</b>
<b>Ground Address</b>	<b>Various</b>
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<b>Version</b>	<b>15 June, 2020</b>
<b>Joanne Blyth is responsible for this document</b>	

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## 1. Introduction

The purpose of this COVID-19 Safety Plan (Plan) is to provide an overarching plan for the implementation and management of procedures by Premier & City Touch Football to support its members, clubs and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators, volunteers, visitors, families, and the broader community. The Plan provides the framework to govern the general operation of Premier & City Touch Football, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Premier & City Touch Football facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times, the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (AIS Framework), the [National Principles for the Resumption of Sport and Recreation Activities](#) (National Principles) and the Sporting Industry COVID Safe Plan (Industry Plan).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Premier & City Touch Football's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Premier & City Touch Football must consider and apply all applicable State and Territory Government and local restrictions and regulations. Premier & City Touch Football needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

### 3. Responsibilities under this Plan

Premier & City Touch Football retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

Queensland Touch Football is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Queensland Touch Football has appointed the following person as the Premier & City Touch Football COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Jo Blyth
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Contact Number	0411303211

Premier & City Touch Football expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Premier & City Touch Football;
- Act with honesty and integrity regarding the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 4. Return to Sport Arrangements

As at the date of this Plan, participants are training at Level B of the AIS Framework. The Plan outlines specific sport requirements that Premier & City Touch Football will implement for Level C of the AIS Framework.

Premier & City Touch Football will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

#### 4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix

## 4.2 Roadmap to a COVIDSafe Australia

Premier & City Touch Football will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

Premier & City Touch Football venues will not be open for organised community sport during Stage 2/ Level B restrictions. Organised activities will resume in Stage 3/ Level C.

<b>AIS Activities</b>	<b>Level A:</b> Training in no more than pairs. Physical distancing required.	<b>Level B:</b> Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		<b>Level C:</b> Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
<b>Roadmap Activities</b>	N/A	<b>Stage 1</b> The resumption of community sport including the organised return of club training is not scheduled until Stage 2 of the easing of restrictions.	<b>Stage 2</b> > Gatherings not exceeding 20 people > Community sports > Must maintain public health rules including social distancing, hand and respiratory hygiene and frequent cleaning and disinfection > 20 person rule includes all players, coaches and any other person who attends the gathering > No spectators. One parent per minor allowed, must remain in car.	<b>Stage 3</b> > Gatherings not exceeding 100 people > Community sports > Full training and competition > Must maintain public health rules including social distancing, hand and respiratory hygiene and frequent cleaning and disinfection > 100 person rule includes all players, coaches and any other person who attends the gathering > Limit spectators. One parent per minor allowed, must remain in car.	<b>Further steps TBC</b>

## 5. Recovery

When public health officials determine that the outbreak has ended in the local community, Premier & City Touch Football will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Premier & City Touch Football will also consider which protocols can remain to optimise good public and participant health.

At this time, Premier & City Touch Football in conjunction with Queensland Touch Football will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

## Appendix 1: Outline of Return to Sport Arrangements

### Part 1 – Sport Operations

Area	Requirements for activities under AIS Framework Level C Qld State Govt Roadmap - Stage 3: Return to Play
Approvals	<p>Premier &amp; City Touch Football to obtain the following approvals to allow a return to competition at Stage 3 Level C:</p> <ul style="list-style-type: none"><li>• State/Territory Government approval of the resumption of community sport.</li><li>• Relaxation of public gathering restrictions to enable competition to occur.</li><li>• Local government/venue owner approval for competition at venue (if required), including any additional regulations or conditions of use required.</li><li>• National/state sporting body/local association approval of return to training for community sport (including provision in the Field Sports Industry Plan).</li><li>• Premier &amp; City Touch Competitions have approved return to competition.</li><li>• Insurance arrangements confirmed to cover competition.</li></ul>
Education and Training	<p>Provision of training and education to all staff and venue organisers:</p> <ul style="list-style-type: none"><li>• Provide training on COVID-19 infection control to staff and venue organisers responsible for the conduct of event operations or any other relevant activity.<ul style="list-style-type: none"><li>- All Staff and Venue Organisers must complete the Health Department <a href="#">COVID-19 infection control training</a> certificate and submit certificate of completion with Competition Manager.</li><li>- All referees must complete the <a href="#">COVID-19 (Coronavirus): What It Is, How to Prevent Spread</a> course via the TFA The Nest and submit certificate of completion with Competition Manager.</li></ul></li><li>• Make all participants aware of appropriate hygiene measures and that they should not attend if unwell.</li><li>• Ensure resources should be prominently displayed around grounds and facilities and at entry points, including handwashing and personal infection control advice.</li><li>• Provide briefings and/or educational materials to outline protocols in advance of return to sport for participants, including the obligations on and expectations of such participants.</li></ul>

## Competition Processes

- Field Sports Industry plan key requirements:
  - Co-mingling between playing spaces/zones is strictly prohibited.
  - Each playing space/zone is clearly marked.
  - Separate entry and exit points per playing space/zone are required.
  - 4 square metres required per person and physical distancing of 1.5 metres must apply.
- Competition Manager and Venue Organiser to emphasise AIS Framework principle of **“Get in, play, get out”**
  - arrive ready to play
  - no warming up at venue prior to games
  - leave immediately after game
  - Any tasks that can be done at home, should be done at home (eg recovery sessions, online meetings)
  - Restrict assembly, warm up and warm down
  - Do not congregate in groups
  - Limit spectators
  - One parent only to attend with minors and must watch from/ wait in car
  - Venue is not accessible to grandparents
  - Limit unnecessary time at venue
  - Prior to arriving, participants review game and venue information from your competition coordinator
- Venue Organiser required to sign COVIDSafe agreement understanding their obligations to conduct competitions for Premier & City Touch Football
  - Adherence to Government gathering size restrictions
  - Hygiene requirements
  - Adherence to Government social distancing laws (1.5m and 4square metres)
  - Attendance register to be maintained for 56 days
  - All staff must have completed the COVID-19 (Coronavirus): What It Is, How to Prevent Spread course.
- Games scheduled to have at least a 15-minute gap between groups
- Remove sign-on options, each team to provide an attendance sheet for their participants
- Remove signing of scorecards - teams to verbally agree post-match on correct score
- Restrict available seating
  - Remove sub-boxes – Players must practice social distancing on sidelines, with substitutions permitted anywhere from try line to try line

	<ul style="list-style-type: none"> <li>➤ Ideally, bags and personal belongings should be placed 1.5m apart in a designated area. Allow small groups to retrieve belongings at any one time</li> <li>➤ Drink bottles to be stored individually in person’s belongings, not grouped together</li> </ul> <p><b>Referees</b></p> <ul style="list-style-type: none"> <li>➤ All Referees must have completed the COVID-19 (Coronavirus): What It Is, How to Prevent Spread course.</li> <li>➤ Certificate must be lodged with VO prior to competition commencing</li> <li>➤ Assist VO in moving participants from the grounds immediately after games</li> <li>➤ Referees must be at the field ready to commence games on time to reduce congregation</li> <li>➤ Bring own personal equipment ie whistle, water bottle, pen/pencil</li> </ul>
<b>Physical distancing</b>	<p>Physical distancing requirements to be developed and implemented during training activities:</p> <ul style="list-style-type: none"> <li>➤ Maintaining density requirement of 4 square metres per person and physical distancing (&gt;1.5 metres)</li> <li>➤ On-field protocols to maintain a distance of at least 1.5 metres where possible</li> <li>➤ Avoid participant interactions including team huddles, handshakes and high fives</li> <li>➤ Limit unnecessary social gatherings (particularly adults) e.g Canteens, Bars, etc</li> <li>➤ If space at a venue permits a parent/guardian zone can be established. The zone must have enough room for 20 people to have 4m2 and people in the zone must stay 1.5m distance from each other.</li> </ul> <p><b>Please refer to Appendix 2 – Venue Map outlining movement of people, social distancing, and sanitisation stations.</b></p>
<b>Personal health</b>	<ul style="list-style-type: none"> <li>• Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> <li>• Participants who are in a high risk category should reconsider their participation in touch football activities (i.e. those with chronic conditions or compromised immune systems, people with disability, elderly people, etc)</li> <li>• Recommendation that all staff and participants download the COVIDSafe App and ensure it is activated during attendance at venue</li> <li>• Players encouraged to ‘Get Fit for Touch’ to avoid injury upon return.</li> <li>• Avoid physical greetings (i.e. hand shaking, high fives etc.).</li> </ul>



	<ul style="list-style-type: none"><li>• Avoid coughing, clearing nose, spitting etc.</li><li>• Avoid touching your face</li><li>• Washing of hands prior to, during and after training and use of hand sanitiser where available</li><li>• VO will adhere to the reporting protocols required if a person is tested for COVID-19</li><li>• Ensure that employees/ volunteers comply with work place health and safety plan</li></ul>
<b>Hygiene</b>	<ul style="list-style-type: none"><li>• Hand sanitising protocols are established:<ul style="list-style-type: none"><li>➢ Hand sanitiser made available at each field during competition.</li><li>➢ Hand sanitiser available for participants at various other points and at venue entrances.</li><li>➢ Participants instructed to wash hands before and after games</li></ul></li><li>• Cleaning<ul style="list-style-type: none"><li>➢ All surfaces cleaned before and after competition nights.</li><li>➢ High touch surfaces wiped between competition time slots</li><li>➢ Check the frequency of professional cleaning of toilets venue owner with venue owner</li><li>➢ Bins are provided around the venue and are emptied regularly</li><li>➢ Rubbish bin lids to be disinfected before every competition night</li><li>➢ Rubbish bins to be emptied at the conclusion of each competition night</li><li>➢ Ball sanitisation facilities provided at each field</li></ul></li><li>• Cleaning protocols established for equipment that staff and/or participants will be sharing:<ul style="list-style-type: none"><li>➢ Plant equipment such as buggies, line markers</li><li>➢ Office equipment such as computers, PA systems, scoreboards</li><li>➢ No hire balls permitted</li><li>➢ Participants required to wash ball with disinfectant wipes prior to game</li><li>➢ No whistles available for hire</li><li>➢ Participants required to bring their own water bottle</li><li>➢ No sharing/ swapping of personal items or clothing</li></ul></li></ul>

	<ul style="list-style-type: none"> <li>• If toilet amenities are to remain open: <ul style="list-style-type: none"> <li>➢ Soap dispensers in toilets are regularly refilled.</li> <li>➢ Toilet facilities are regularly cleaned with disinfectant.</li> <li>➢ Prominent signage discouraging more than 1 person permitted per toilet block.</li> <li>➢ <b>Toilet amenities to be closed, where these requirements cannot be managed</b></li> </ul> </li> <li>• Public drinking fountains/ bubblers should be closed</li> <li>• Athletes/other personnel should eat off site</li> </ul>
<p><b>Communications</b></p>	<p>Detailed communications plan to communicate with players, coaches, referees, families &amp; staff:</p> <ul style="list-style-type: none"> <li>• All information regarding COVID Safe measures contained on Premier &amp; City website</li> <li>• Facebook posts outlining return to play protocols, including hygiene measures, social distancing and reinforcement of hand washing and general hygiene etiquette.</li> <li>• All participants are emailed outlining venue management rules, matchday protocols, reinforcement of hand washing and general hygiene etiquette.</li> <li>• Team contacts reminded to ensure participants adhere to the rules and arrive and depart at the designated times.</li> <li>• Venue announcements throughout competition nights to remind participants of requirements where possible.</li> <li>• Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app</li> <li>• Signage displayed at grounds including hygiene, social distancing, reporting requirements, per State Government directives,</li> <li>• Identify trigger points for cancelling, postponing or modifying an activity and identify who has responsibility for making that decision.</li> <li>• Share timely and accurate information in responding to any localised outbreak.</li> <li>• Confirm an emergency management plan suitable for managing a COVID-19 outbreak</li> </ul>

## Part 2 – Facility Operations

Area	Requirements for activities under AIS Framework Level C Qld State Govt Roadmap - Stage 3: Return to Play
<b>Approvals</b>	<p>Premier &amp; City Touch Football to obtain the following approvals to allow a return to play Stage 2 Level C:</p> <ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of community sport.</li> <li>• Relaxation of public gathering restrictions to enable competition to occur.</li> <li>• Local government/venue owner approval for competition at venue (if required), including any additional regulations or conditions of use required.</li> <li>• National/state sporting body/local association approval of return to training for community sport (including provision in the Field Sports Industry Plan).</li> <li>• Premier &amp; City Touch Competitions have approved return to competition.</li> <li>• Insurance arrangements confirmed to cover competition.</li> </ul>
<b>Facilities</b>	<ul style="list-style-type: none"> <li>• Ensure all facilities/ buildings within the venue are closed and not accessible if health &amp; hygiene protocols cannot be met.</li> <li>• Establish separate entry and exit points where possible</li> <li>• <b>Canteen to remain closed</b></li> <li>• Shower cubicles locked to stop access</li> <li>• While vacated, public playing fields are available to the public under the restrictions directed by health authorities</li> <li>• Remove access to or fence off tables/ chairs to discourage congregation.</li> <li>• Signage installed to notify users and members of the public             <ul style="list-style-type: none"> <li>➤ Approved activity in progress – NO SPECTATORS</li> <li>➤ CLOSED areas</li> <li>➤ RESTRICTED ACCESS areas</li> <li>➤ ENTRY, EXIT and DIRECTIONAL FLOW</li> <li>➤ SOCIAL DISTANCING in shared zones</li> </ul> </li> <li>• Install barriers (markers) between playing spaces/zones to comply with COVIDSafe roadmap for outdoor field sports and gathering size</li> <li>• Implement additional line marking to support physical distancing ie remove sub box marking</li> <li>• Hand sanitising stations are set up around venue and at each field</li> </ul>

<b>Facility access</b>	<ul style="list-style-type: none"> <li>• Premier and City Touch to ensure restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> <li>➤ COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.</li> <li>➤ Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions).</li> <li>➤ Travelled internationally in the previous 14 days.</li> </ul> </li> <li>• Restrict attendance to minimise numbers: <ul style="list-style-type: none"> <li>➤ Only essential participants should attend</li> <li>➤ No more than one parent/carer to attend with children and recommended to 'stay in the car</li> <li>➤ Spectators discouraged from attending, but required to stay &gt;1.5m apart if in attendance</li> <li>➤ Gathering numbers are not to exceed government allowances (COVID Safe Roadmap maximum gatherings)</li> </ul> </li> <li>• Establish directional flow to car park and separate parking areas to facilitate social distancing; <ul style="list-style-type: none"> <li>➤ Consider allocating separate parking for fields to eliminate co-mingling for each venue</li> </ul> </li> <li>• Venue Organisers to enforce obligations to conduct safe competitions, including <ul style="list-style-type: none"> <li>➤ Adherence to Government gathering size restrictions</li> <li>➤ Hygiene requirements</li> <li>➤ Adherence to Government social distancing laws</li> <li>➤ Attendance register to be maintained for 28 days</li> </ul> </li> <li>• Venue Organisers to store detailed attendance register for 28 days</li> </ul>
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>• Safe hygiene protocols as distributed by TFA or QTF will be adopted by Premier and City Touch Football including: <ul style="list-style-type: none"> <li>➤ Hand sanitiser available for participants at entry points to venue and admin desk.</li> <li>➤ Hand sanitiser being made available at each field during competition.</li> <li>➤ All surfaces cleaned before and after competition nights</li> <li>➤ Hard touch surfaces wiped between competition timeslots</li> <li>➤ Clubhouse and toilets to be professionally cleaned at least twice per week</li> <li>➤ Posters outlining hand washing procedures to be installed in all bathrooms</li> <li>➤ Rubbish bins to be emptied at the conclusion of each competition night, or more regularly for major events</li> </ul> </li> <li>• Balls and markers sanitised prior to and after competition nights</li> </ul>
<b>Management of unwell participants</b>	<p>Specific of protocols to manage unwell participants on a competition night:</p> <ul style="list-style-type: none"> <li>• Ensure a location at each facility has been identified to manage symptomatic participants. The isolation area should be equipped with PPE supplies to facilitate hand hygiene and respiratory etiquette.</li> </ul>

	<ul style="list-style-type: none"> <li>• Should a participant develop symptoms whilst onsite, they are to be isolated and removed to the pre-designated area, and a deep clean conducted, as soon as possible after their departure. <ul style="list-style-type: none"> <li>➤ An incident report is to be completed <b>immediately</b> and submitted to Competition Manager.</li> </ul> </li> <li>• Should a player develop symptoms whilst onsite and they cannot leave immediately, they are to be isolated and removed to the pre-designated area; and an incident report is to be completed and submitted to Competition Management.</li> <li>• In the event of an attendee having a positive COVID-19 test, or possible infection, the Competition Manager will: <ul style="list-style-type: none"> <li>➤ Report any known cases of or tests for COVID-19 to TFA by emailing <a href="mailto:coronavirus@touchfootball.com.au">coronavirus@touchfootball.com.au</a> and advise QTF</li> <li>➤ Notify the relevant Queensland Health Authorities</li> <li>➤ Act in accordance with the advice given by Queensland Health Authorities.</li> </ul> </li> <li>• Should Premier and City Touch be made aware of a participant who has being diagnosed with COVID-19, the venue will be closed until a deep clean can be conducted.</li> </ul>
<p><b>Organisation responsibilities</b></p>	<p>The Organiser will oversee:</p> <ul style="list-style-type: none"> <li>• Provision and conduct of hygiene protocols as per the COVID Safe Plan.</li> <li>• The capture of a record of attendance at all competition nights and activities and maintaining an up-to-date log of attendance (including spectators)</li> <li>• Coordination of Stage 3/ Level C field and competition operations.</li> <li>• Operation of the Premier/ City facilities in support of all Stage 3/ Level C activities in accordance with this Plan.</li> <li>• Provision of venue maps demonstrating parking requirements, entry and exit points, training/playing zones, sanitisation stations, amenity closures, etc.</li> </ul>